



Summer 2025

Hi RAD Leadership Camper,

My name is Zachary, and I'm Big Lake Youth Camp's RAD Director. I'm excited that you've chosen to spend part of your summer with us! For this expedition, we will be blessed with the rugged outdoors as our classroom. Big Lake has all the latest equipment you'll need to have an enjoyable week of fun.

You'll be empowered to step into a mentored leadership role and learn the art of being an active leader. As you learn the art of paddling, you will hone your skills at building healthy culture, providing feedback, learning how to design and implement plans.

Items you need to bring with you are listed in the Packing List section of the Parent Pack as well as the items listed on pages 2 & 3 of this document. All personal safety gear must be inspected by Big Lake's RAD staff before it is used.

Before you come, we suggest conditioning your arms in anticipation of learning all these new and fun activities!

If you have any questions concerning your RAD camp, please let me know.

I look forward to seeing you this summer!

Zachary LeClerc, RAD Director  
Big Lake Youth Camp  
[RAD@biglake.org](mailto:RAD@biglake.org)

## Packing List: RAD Leadership Canoe Experience

Equipment	#	Description
T-shirts	2	T-shirts for being in camp
Sun shirt or quick-drying shirt	2+	Button-up, or other shirts that are quick-drying and will protect you from the sun
Sweatshirt or fleece	1	Evenings at camp are cool
Rain jacket	1	In case it rains
Down/synthetic layer	1	Optional: If you get cold, having a heavier layer for cool evenings and mornings is recommended.
Shorts	1	Shorts made out of durable material are best, but, gym or athletic shorts also work well and are light/breathable.
Swimsuit	1	Guys: Regular swim trunks or board shorts Girls: One-piece or tankinis are encouraged. Board shorts or athletic shorts are recommended to protect legs from the sun, please wear clothing that protects your shoulders from the sun (shirt or rashguard).
Underwear	3+	Capilene®, Coolmax, or silk are recommended
Hiking pants	1	Light but durable pants for cool evenings/mornings.
Baseball cap or sun hat	1	Sun protection
Wool or fleece hat	1	For cool evenings/mornings
Camp shoes	1	Light and comfortable shoes to wear around camp (e.g. tennis shoes, Sanuks, Chacos, Keens, etc.)
Water shoes	1	Must be close-toed; keep in mind that they will get wet
Water bottle	2	1 liter or greater each (Nalgene bottles or similar work well)
Toiletries		Travel-sized toothpaste, toothbrush, soap, shampoo, deodorant, etc.
Sunscreen		SPF 30 or greater, 60 oz or more
Zinc		Offers total sun protection--great for nose and ears
Sunglasses	1	Don't bring your best shades--bring a pair that can get a little beat up ( <b>Highly Recommend</b> )
Lip balm		Required: SPF 15 or greater

Watch	1	Water-resistant, alarm, light
Bible	1	Used for worship and solo time. Put in plastic bag to protect from weather
Journal/small notepad	1	Small, light-weight for note-taking
Sleeping bag, pad, pillow	1	Nights and mornings can be cool and frosty.... Closed-cell foam or inflatable pad is recommended to insulate between ground and sleeping bag. Bag: rated for 35 degrees or colder.